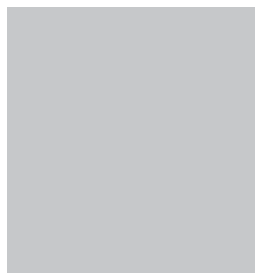


Club Activ8
**School's
Out**

February Half Term
Activity Programme



At Hermitage
Leisure Centre
Telephone:
01530 811215



Monday 21st to
Friday 25th February

Loyalty Points

If you are a member of the Club Activ8 scheme then don't forget to look out for the symbol below where you can redeem your loyalty points.
1 point = 10p 🏆



Activities for just

£2.30 🏆

Badminton
Short Tennis
Squash
Table Tennis
Tennis
Evolution Fitness Suite
Swimming
Monday - Friday 9am - 5pm



Kartz 4 Kids

Friday 25th February
1st Session 1 – 2pm
2nd Session 2.15 – 3.15pm

4 – 9 year olds
£6 per session

Fun indoor karting

Booking is essential

Swimming Pool Inflatable

Monday 21st February
Wednesday 23rd February
Friday 25th February
1.45 – 2.45pm
Saturday 26th February
2.15 – 3pm
8 – 14 year olds
🏆 £2.80
Must be able to swim one length in a recognised stroke and tread water



Fitness Fusion Pilates Class

Every Wednesday
11 - 15 years
5.15 – 6pm

🏆 £2.30 per session
Just turn up!



FUNKY FOOTSTEPS

Every Saturday
5 - 7 year olds: 11.30 – 12.15pm
8 - 11 year olds: 12.15 – 1.15pm

URBAN VIBES

Every Saturday
12 – 16 year olds: 1.15 – 2.15pm
🏆 £2.60 per session
Dance to latest chart music



Cheerleading

Every Wednesday
4 - 8 year olds: 3.45 - 4.30pm
8 - 12 year olds: 4.30 - 5.15pm
🏆 £2.30 per session

Cheerleading coaching for kids

Just turn up!

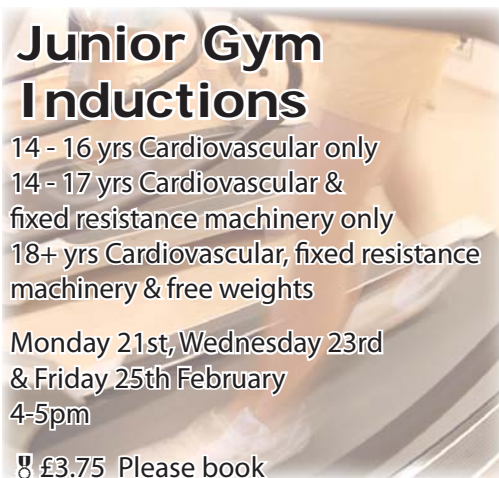


Junior Gym Inductions

14 - 16 yrs Cardiovascular only
14 - 17 yrs Cardiovascular & fixed resistance machinery only
18+ yrs Cardiovascular, fixed resistance machinery & free weights

Monday 21st, Wednesday 23rd & Friday 25th February
4-5pm

🏆 £3.75 Please book



Inflatable Wipeout

Friday 25th February
10am – 4pm
8 – 14 year olds
🏆 £12 - includes lunch

Crazy relay races and team games on all our sports hall and swimming pool inflatables.
Bring swimming kit.

Booking essential.



Club Activ8 after school activities

Hermitage and Hood Park Leisure Centres both offer an exciting range of after school activities for youngsters to enjoy.



Hermitage Leisure Centre

Day	Time	Activity	Age group	Price
Monday (starts 10th January)	4.00 - 5.00	Derby County Football club coaching	School Age - 8 yrs	₤ £23 for 13 week course £2.30 per session
	5.30 - 6.30	Autistic Session	4 - 16 yrs	₤ £2.30
Tuesday (starts 11th January)	4.30 - 5.30	Leicester Tigers coached rugby	School Age - 11 yrs	₤ £23 for 13 week course £2.30 per session
	5.30 - 6.30	Coalville Cougars Basketball Coaching	School Age - 12 yrs	₤ £2.30 per week
Wednesday	3.45 - 4.30	Cheerleading	4 - 8 yrs	₤ £2.30 per week
	4.30 - 5.15	Cheerleading	8 - 12 yrs	₤ £2.30 per week
	4.30 - 5.30	Badminton	5 - 9 yrs	₤ £2.30 per week
	5.00 - 6.00	Fitness Fusion	11 - 15 yrs	₤ £2.30 per week
	5.30 - 6.30	Badminton	10 - 14 yrs	₤ £2.30 per week
	6.30 - 7.30	Badminton	14 - 18 yrs	₤ £2.30 per week
Thursday (starts 13th January)	4.00 - 5.00	Derby County Football club coaching	School Age - 11 yrs	₤ £23 for 13 week course £2.30 per session
(starts 13th January)	5.15 - 6.15	Leicestershire Cricket Coaching	7 - 11 yrs	₤ £23 for 13 week course £2.30 per session
	6.30 - 7.30	Volleyball Coaching	11 - 16 yrs	₤ £2.30 per week
Saturday	11.30 - 12.15	Funky Footsteps	School Age - 7 yrs	₤ £2.60 per week
	12.15 - 1.15	Funky Footsteps	8 - 11 yrs	₤ £2.60 per week
	1.15 - 2.15	Funky Footsteps	12 - 16 yrs	₤ £2.60 per week

Hood Park Leisure Centre

Day	Time	Activity	Age group	Price
Monday	4.00 - 4.45	Musical Dance	7 - 11yrs	₤ £2.30 per week
	4.30 - 5.30	Badminton	8 - 14yrs	₤ £2.30 per week
Tuesday	3.45 - 4.30	Football	4 - 5 yrs	₤ £13.80 6 week course
	4.30 - 5.30	Football	5 - 7 yrs	₤ £13.80 6 week course
	5.30 - 6.30	Football	7 - 11 yrs	₤ £13.80 6 week course
Wednesday	3.45 - 4.45	Hula Hooping	8 - 15 yrs	₤ £2.30 per week
Thursday	4.00-4.45	Cheerleading	School Age - 8 yrs	₤ £13.80 6 week course
	4.30 - 5.15	Boxercise	8 - 16 yrs	₤ £2.60 per week
	4.45 - 5.30	Cheerleading	9 - 14 yrs	₤ £13.80 6 week course
	5.00 - 6.00	Junior Have a go club (disabled session)	6 - 10 yrs	₤ £2.30 per week
Friday	4.00 - 4.45	Street Dance	7 - 11 yrs	₤ £2.60 per week
	4.30 - 5.30	Football	School Age - 6 yrs	₤ £13.80 6 week course
	4.45 - 5.30	Street Dance	12 - 16 yrs	₤ £2.60 per week
Sunday	10.00 - 11.00	Trampoline	7 - 14 yrs	₤ £9.00 3 week course
	11.00 - 12.00	Trampoline	7 - 14 yrs	₤ £9.00 3 week course

Session Dates: 10th January - 15th April 2011

No sessions will run through half terms, Easter, Summer and Christmas holidays.

If you are a member of the Club Activ8 scheme then don't forget to look out for the symbol below where you can redeem your loyalty points. 1 point = 10p ₤



GET KINECTED

Brand new for 2011
Special 2-day introduction

Monday 21st February & Tuesday 22nd February

9.30am - 3.30pm

5 - 13 year olds

Play interactive games on the new Xbox Kinect console as well as using the Nintendo Wii. Other activities running are a 'wet & wild' pool session, sports hall inflatable chamber and multi-sports activities.

£12 per session or £20 for both days

Lunch included. Booking essential.

NEW
FOR
2011

Football Fun Day

Thursday 24th February
11am - 4pm
5 - 10 year olds
⌘ £12 - includes lunch

Fun drills and skills for all kids followed by a mini tournament. Must wear shin pads.

Booking essential.



Kids Club

Monday 21st
to Friday 25th February
9.30 - 11.30 am
5 - 8 year olds
£3.40 per day or £13 for the week

A fun packed morning with arts and crafts, bouncy castle, team games and much much more!
Booking essential

ASHBY TOURIST INFORMATION CENTRE

If you are still looking for something to do this holiday, why not contact the Tourist Information Centre on 01530 411767 or visit www.somewherenicetogo.co.uk



Why not try something completely different
at Hood Park Leisure Centre this February half term

Kids Club

Monday, Tuesday, Thursday and Friday

9.30 – 11.30 am

Wednesday - 1 - 3pm

5 – 8 year olds

£3.40 per day or £13 for the week

A fun packed morning with arts and crafts,
bouncy castle, team games and much much
more!

Run by qualified staff. Booking essential.



Junior Spinning

Wednesday 23rd February

1 - 1.45pm

15 – 18 year olds

₤ £2.60

Suitable for all levels, so come along
and have a go!

Booking essential

Photographs may be taken during the sessions and used for
publicity purposes.

If this causes you any concern, please speak to the Activity Leader
or Centre Manager.

This leaflet is available in other languages, formats and computer
disc on request. Please contact Mark Bates on 01530 811215 or
e-mail: mark.bates@nwleicestershire.gov.uk

It is also available at the Council Offices and other buildings including leisure
centres and local libraries.

It will also be posted on the Council's website at: www.nwleics.gov.uk

