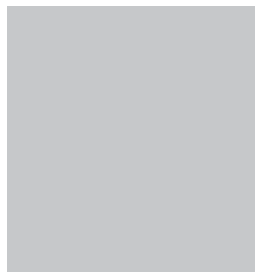


Club Activ8 School's Out

February Half Term
Activity Programme



At Hood Park
Leisure Centre
Telephone:
01530 412181



Monday 21st to
Friday 25th February

Loyalty Points

If you are a member of the Club Activ8 scheme then don't forget to look out for the symbol below where you can redeem your loyalty points.
1 point = 10p 🏆



Activities for just

£2.30 🏆

Badminton
Short Tennis
Squash
Table Tennis
Tennis
Evolution Fitness Suite
Swimming
Monday - Friday 9am - 5pm



Trampolining

Tuesday 22nd February

1.30 - 2.30pm for beginners up to badge 4
2.30 - 3.30pm for badge 5 and above

£3 per session
Max 12 per session

Booking essential



Kids Club

Monday, Tuesday, Thursday and Friday

9.30 - 11.30am

Wednesday

1 - 3pm

5 - 8 year olds

£3.40 per day or £13 for the week

A fun packed morning with arts and crafts, bouncy castle, team games and much much more! Booking essential



Kartz 4 Kids

Wednesday 23rd February

1st Session 1 - 2pm
2nd Session 2.15 - 3.15pm
3rd Session 3.30 - 4.30pm

4 - 9 year olds
£6 per session

Fun indoor karting
Booking is essential



Junior Spinning

Wednesday 23rd February

1 - 1.45pm

15 - 18 year olds

🏆 £2.60

Suitable for all levels, so come along and have a go!
Booking essential

Junior Boxercise

Friday 25th February

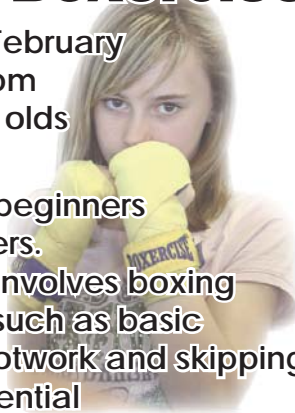
12.30 - 1.15pm

12 - 18 year olds

🏆 £2.60

Suitable for beginners and improvers.

This session involves boxing techniques such as basic punches, footwork and skipping.
Booking essential



Badminton Coaching

Monday 21st February

3.30 - 5.30pm

8 - 14 year olds

🏆 £3.75 per session

Fun session suitable for all abilities. Includes skills coaching and matches.



Club Activ8 after school activities

Hermitage and Hood Park Leisure Centres both offer an exciting range of after school activities for youngsters to enjoy.



Hermitage Leisure Centre

Day	Time	Activity	Age group	Price
Monday (starts 10th January)	4.00 - 5.00	Derby County Football club coaching	School Age - 8 yrs	♠ £23 for 13 week course £2.30 per session
	5.30 - 6.30	Autistic Session	4 - 16 yrs	♠ £2.30
Tuesday (starts 11th January)	4.30 - 5.30	Leicester Tigers coached rugby	School Age - 11 yrs	♠ £23 for 13 week course £2.30 per session
	5.30 - 6.30	Coalville Cougars Basketball Coaching	School Age - 12 yrs	♠ £2.30 per week
Wednesday	3.45 - 4.30	Cheerleading	4 - 8 yrs	♠ £2.30 per week
	4.30 - 5.15	Cheerleading	8 - 12 yrs	♠ £2.30 per week
	4.30 - 5.30	Badminton	5 - 9 yrs	♠ £2.30 per week
	5.00 - 6.00	Fitness Fusion	11 - 15 yrs	♠ £2.30 per week
	5.30 - 6.30	Badminton	10 - 14 yrs	♠ £2.30 per week
	6.30 - 7.30	Badminton	14 - 18 yrs	♠ £2.30 per week
Thursday (starts 13th January)	4.00 - 5.00	Derby County Football club coaching	School Age - 11 yrs	♠ £23 for 13 week course £2.30 per session
(starts 13th January)	5.15 - 6.15	Leicestershire Cricket Coaching	7 - 11 yrs	♠ £23 for 13 week course £2.30 per session
	6.30 - 7.30	Volleyball Coaching	11 - 16 yrs	♠ £2.30 per week
Saturday	11.30 - 12.15	Funky Footsteps	School Age - 7 yrs	♠ £2.60 per week
	12.15 - 1.15	Funky Footsteps	8 - 11 yrs	♠ £2.60 per week
	1.15 - 2.15	Funky Footsteps	12 - 16 yrs	♠ £2.60 per week

Hood Park Leisure Centre

Day	Time	Activity	Age group	Price
Monday	4.00 - 4.45	Musical Dance	7 - 11 yrs	♠ £2.30 per week
	4.30 - 5.30	Badminton	8 - 14 yrs	♠ £2.30 per week
Tuesday	3.45 - 4.30	Football	4 - 5 yrs	♠ £13.80 6 week course
	4.30 - 5.30	Football	5 - 7 yrs	♠ £13.80 6 week course
	5.30 - 6.30	Football	7 - 11 yrs	♠ £13.80 6 week course
Wednesday	3.45 - 4.45	Hula Hooping	8 - 15 yrs	♠ £2.30 per week
Thursday	4.00-4.45	Cheerleading	School Age - 8 yrs	♠ £13.80 6 week course
	4.30 - 5.15	Boxercise	8 - 16 yrs	♠ £2.60 per week
	4.45 - 5.30	Cheerleading	9 - 14 yrs	♠ £13.80 6 week course
	5.00 - 6.00	Junior Have a go club (disabled session)	6 - 10 yrs	♠ £2.30 per week
Friday	4.00 - 4.45	Street Dance	7 - 11 yrs	♠ £2.60 per week
	4.30 - 5.30	Football	School Age - 6 yrs	♠ £13.80 6 week course
	4.45 - 5.30	Street Dance	12 - 16 yrs	♠ £2.60 per week
Sunday	10.00 - 11.00	Trampoline	7 - 14 yrs	♠ £9.00 3 week course
	11.00 - 12.00	Trampoline	7 - 14 yrs	♠ £9.00 3 week course

Session Dates: 10th January - 15th April 2011

No sessions will run through half terms, Easter, Summer and Christmas holidays.

If you are a member of the Club Activ8 scheme then don't forget to look out for the symbol below where you can redeem your loyalty points. 1 point = 10p ♠



HOOPING

Wednesday 23rd February

3.45 - 4.45pm
8 - 15 years

⌘ £2.30 per session



Mini-Tennis

Tuesday, 22nd February

4 - 5pm
5 - 8 years

⌘ £2.30 per session



Why not try something completely different at Hermitage Leisure Centre this February half term

GET KINECTED

NEW
FOR
2011

Brand new for 2011 Special 2-day introduction

Monday 21st February & Tuesday 22nd February

9.30am - 3.30pm

5 - 13 year olds

Play interactive games on the new Xbox Kinect console as well as using the Nintendo Wii. Other activities running are a 'wet & wild' pool session, sports hall inflatable chamber and multi-sports activities.

£12 per session or £20 for both days

Lunch included. Booking essential.

Cheerleading

Thursday 24th February

4 - 4.45pm - 5-8 years
4.45 - 5.30pm - 9-14 years

⌘ £2.30

Booking essential
Max 15 per class



Fun Times at the Hood

Friday 25th February

12pm - 2pm
5 - 8 year olds

⌘ £3.75

Includes inflatables and games

Booking essential



Inflatable Wipeout

Friday 25th February

10am – 4pm

8 – 14 year olds

⚡ £12 - includes lunch

Crazy relay races and team games on all our sports hall and swimming pool inflatables.



ASHBY TOURIST INFORMATION CENTRE

If you are still looking for something to do this holiday, why not contact the Tourist Information Centre on 01530 411767 or visit www.somewherenicetogo.co.uk



Photographs may be taken during the sessions and used for publicity purposes.

If this causes you any concern, please speak to the Activity Leader or Centre Manager.

This leaflet is available in other languages, formats and computer disc on request. Please contact Mark Bates on 01530 811215 or e-mail: mark.bates@nwleicestershire.gov.uk

It is also available at the Council Offices and other buildings including leisure centres and local libraries.

It will also be posted on the Council's website at: www.nwleics.gov.uk

