

General Information

The following classes / sessions are pre—book only due to restricted numbers:

- Aqua Water Works- Pre-Book in advance weekly
- 50+ Aqua Aerobics - Pre-Book in advance weekly
 - Swimming Lessons – Pre Book Courses
- Swim 'a' Song Aqua tots sessions - Pre Book Courses

PRICES FOR 2011

General Swimming

Adult Swim	- £3.45 / Leisure Link - £2.60
Junior Swim	- £2.30
Fun Swim Session	- £2.55

Aqua Fitness Classes

All Aqua Fitness Classes - £3.60

The Aqua classes will recommence in June 2011.

For further information please contact a member of the Leisure Team on 01530 265836

Saver Cards

Swim Saver Card	- £16.00 / L/L £12.00
Gym Saver Card	- £16.00 / L/L £12.00
Gym & Swim Saver Card	- £21.00 / L/L £15.75

Pool Parties

The pool is available for birthday parties on Saturdays 5.30-7.30 or Sundays 4.30-6.30pm. If you would like further details please contact a member of the Leisure Team on 01530 265836.

Clubs

- Coalville Swimming Club
- Fosse Way Divers
- Ibstock Canoe Club
- Charnwood Triathlon

All the above clubs have Junior and Adult training at Ibstock Leisure Complex and would welcome new members. Please contact a member of the Leisure team for further information.

January — March 2011



Ibstock
Leisure Complex

in Partnership With
North West
LEICESTERSHIRE
DISTRICT COUNCIL

SWIMMING POOL

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Ibstock Leisure Complex

Central Avenue, Ibstock, Leics. LE67 6NE

Tel 01530 265836 – Leisure Complex Reception

Tel 01530 265835 – Leisure Team

Email—leisure@ibstockcollege.leics.sch.uk

Daytime Sessions				Evening Sessions			
	7.15-8.15 am	11.00am-12.00pm	12.00-1.00 pm	4.00-6.00pm	6.00-7.00pm	7.00-8.00pm	8.00-9.00pm
Monday	Early Riser Swim	Aqua / Post Natal	General Swimming Including Lanes	Swimming Lessons	General Swimming	Adult Swimming Only	Ibstock Canoe Club
Tuesday	Early Riser Swim	Aqua Water Works Fitness Classes from June	50+ Aqua Aerobics Classes from June	Swimming Lessons	General Swimming	Adult Swimming Only	Charnwood Triathlon Club
Wednesday	Early Riser Swim	Swim 'a' Song Aqua Tots Birth - 18mths 11.00-11.30 18mths -3yrs 11.30-12.00	General Swimming Including Lanes	Swimming Lessons	6.30—7.30 pm Aqua Water Works Fitness Classes from June		7.30 –9.00pm Coalville Swimming Club
Thursday	Early Riser Swim	Little Swimmers Exclusive Parent & Child session	Adult Swimming Lessons	Swimming Lessons	General Swimming	Ladies Only Swimming	Ibstock Canoe Club
Friday	Early Riser Swim	Stage 1 Junior Swimming Lessons 11.00—11.30 & 11.30—12.00	General Swimming	Lifesaving Club		Disability Swimming Session	CLOSED

Weekend Sessions								
Saturday	9.00-12.00 a.m Swimming Lessons		1.00-2.00 pm General Swimming	2.00—3.00 pm Inflatable Fun Session	3.00—5.00 pm Swimming Lessons		Pool Parties Available to Book 5.30 –6.30pm	7.00—8.00 pm Sub Aqua
Sunday	9.00—10.00am General Swimming Including Lanes	10.00.-12.00pm General Swim	12.00—1.00 Disability Swim	1.30—4.00pm General Swimming		Pool Parties Available to book 4.30—6.30pm	CLOSED	