

SK8 ROADSHOW

The Districts only mobile skate park hits the road!
Suitable for skate boards, BMX and inline skates
for 8 years plus

Tuesday 19th October 1-3pm
Ellistown, St Christophers Road

Wednesday 20th October 1-3pm
Kegworth Primary School

Thursday 21st October 1-3pm
Oakthorpe Leisure Centre
Kegworth Primary School

For more info contact 01530 454835 visit www.nwleics.gov.uk/skate_zone



Photographs may be taken during the sessions and used for publicity purposes.

If this causes you any concern, please speak to the Activity Leader or Centre Manager.

This leaflet is available in other languages, formats and computer disc on request. Please contact Mark Bates on 01530 811215 or e-mail: mark.bates@nwleicestershire.gov.uk

It is also available at the Council Offices and other buildings including leisure centres and local libraries.

It will also be posted on the Council's website at: www.nwleics.gov.uk



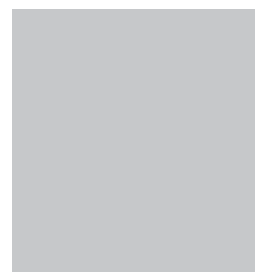
Club Activ8

School's Out

October Half Term
Activity Programme




At Hermitage
Leisure Centre
Telephone:
01530 811215



Monday 18th to
Friday 22nd October

Loyalty Points

If you are a member of the Club Activ8 scheme then don't forget to look out for the symbol below where you can redeem your loyalty points.
1 point = 10p 



Activities for just

£2.20 

Badminton
Short Tennis
Squash
Table Tennis
Tennis
Evolution Fitness Suite
Monday - Friday 9am - 5pm



Why not try something completely different at Hood Park Leisure Centre during the October Half Term.
For more details contact 01530 412181.

Kids Club

Monday 18th to Friday 22nd
October
9.30 - 11.30 am except Wednesday
1 - 3pm
5 - 8 year olds
£3.25 per day or £13 per week

A fun packed morning with arts and crafts, bouncy castle, team games and much much more!

Kartz 4 Kids

Wednesday 20th October
1st Session 1 - 2pm
2nd Session 2.15 - 3.15pm
3rd Session 3.30 - 4.30pm
4 - 9 year olds
£6 per session

Fun indoor karting round a track
Booking is essential

Wii Want Sports

Monday 18th October

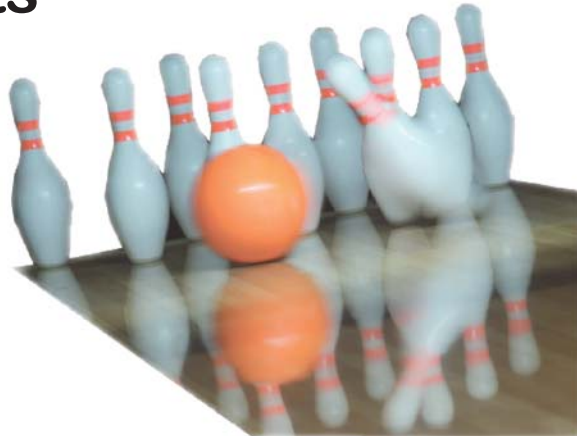
9.30am - 3.30pm

5 - 13 year olds

£12 per day

Includes interactive sports games on Nintendo Wii. Plus wet and wild pool session, sports hall games and inflatable games chamber. Bring swimming kit.

Booking is essential




Trampoline Coaching

Tuesday 19th October

1.30 - 2.30pm Beginners

2.30 - 3.30pm Advanced

8 - 14 year olds

 £2.20

Booking essential

1.30pm session for beginners

up to badge 4

2.30pm session is for children star grade 4 and above


Badminton Coaching

Monday 18th October

3.30 - 5.30pm

6 - 12 year olds

Skills, drills and matches.

 £3.75 per session

Inflatable Wipeout

Friday 22nd October

10am - 4pm

8 - 14 year olds

 £12

Crazy relay races, swimming pool inflatable and inflatable obstacle course. Prizes to be won all through the day. Bring swimming kit.

Lunch included.

Booking essential.

Swimming Pool Inflatable

Every Monday, Wednesday & Friday

1.45 - 2.45pm

Every Saturday

2.15 - 3pm

8 - 14 year olds

 £2.80

Must be able to swim one length in a recognised stroke and tread water

Cheerleading

Thursday 21st October

5 - 8 year olds: 4 - 4.45pm

9 - 14 year olds: 4.45 - 5.30pm

 £2.20

Dancing, cheers and chants!

Booking is essential





Dodgeball

Thursday 21st October
1.30pm – 3.30pm
6 - 12 year olds
⌘ £2.20 per session

If you have never tried dodgeball then don't miss out on the chance to give it a go!!

Booking is essential

Kids Club

Monday 18th - Friday 22nd October
9.30 – 11.30 am
5 – 8 year olds
£3.25 per day
£13 for the week

A fun packed morning with arts and crafts, bouncy castle, team games and much much more!

Booking essential

FUNKY FOOTSTEPS

Saturdays 16th & 23rd October
5 - 7 year olds: 11.30 – 12.15pm
8 - 11 year olds: 12.15 – 1.15pm
8 - 11 year olds: 1.15 – 2.15pm

URBAN VIBES

Saturdays 16th & 23rd October
12 – 16 year olds: 2.15 – 3.15pm
12 – 16 year olds: 3.15 – 4.15pm

⌘ £2.50 per session
Dance to latest chart music



Cheerleading

Wednesday 20th October
4 - 8 year olds: 3.45 - 4.30pm
8 - 12 year olds: 4.30 - 5.15pm

⌘ £2.20

Dancing, cheers and chants!
Booking is essential



Kartz 4 Kids

Friday 22nd October
1st Session 1 – 2pm
2nd Session 2.15 – 3.15pm
3rd Session 3.30 – 4.30 pm
4 – 9 year olds
£6 per session

Fun indoor karting round a track
Booking is essential

Gym Inductions

14 - 16 yrs Cardiovascular only
16 - 17 yrs Cardiovascular
& Fixed resistance machinery only
18+ yrs Cardiovascular, Fixed
resistance machinery & Free weights

Monday 18th, Wednesday 20th &
Friday 22nd October 4-5pm
⌘ £3.75, Please book



Fitness Fusion

Wednesday 22nd October
5.15pm – 6pm
11 - 15 year olds
⌘ £2.20 per session

Want to try out a fitness class with a difference?

If so, why not try out this class that has a mixture of pilates and street dance to name a few!



Football Fun Day

Tuesday 19th October
11am – 4pm
5 - 10 year olds
⌘ £12

Fun football coaching with drills, skills and matches

Shin pads essential
Please book.



Club Activ8 after school activities At Hermitage Leisure Centre

Hermitage Leisure Centre

Day	Time	Activity	Age group	Price
Monday (starts 6th September)	4.00 - 5.00	Derby County Football club coaching	School Age - 8 yrs	♻️ £15 for rest of course until Christmas
	5.30 - 6.30	Autistic Session	4 - 16 yrs	♻️ £2.20
Tuesday (starts 7th September)	4.30 - 5.30	Leicester Tigers coached rugby	School Age - 11 yrs	♻️ £15 for rest of course until Christmas
Wednesday	3.45 - 4.30	Cheerleading	4 - 8 yrs	♻️ £2.20 per week
	4.30 - 5.15	Cheerleading	8 - 12 yrs	♻️ £2.20 per week
	4.30 - 5.30	Badminton	School Age - 9 yrs	♻️ £2.20 per week
	5.00 - 6.00	Fitness Fusion	11 - 15 yrs	♻️ £2.20 per week
	5.30 - 6.30	Badminton	10 - 14 yrs	♻️ £2.20 per week
	6.30 - 7.30	Badminton	14 - 18 yrs	♻️ £2.20 per week
Thursday (starts 9th September)	4.00 - 5.00	Derby County Football club coaching	School Age - 8 yrs 8 - 11 yrs	♻️ £15 for rest of course until Christmas
(starts 9th September)	5.15 - 6.15	Leicestershire Cricket Coaching	7 - 12 yrs	♻️ £15 for rest of course until Christmas
	6.30 - 7.30	Volleyball Coaching	11 - 16 yrs	♻️ £2.20 per week
Saturday	11.30 - 12.15	Funky Footsteps	School Age - 7 yrs	♻️ £2.50 per week
	12.15 - 1.15	Funky Footsteps	8 - 11 yrs	♻️ £2.50 per week
	1.15 - 2.15	Funky Footsteps	12 - 16 yrs	♻️ £2.50 per week
	2.15 - 3.15	Urban Vibes	12 - 16 yrs	♻️ £2.50 per week

Club Activ8 after school activities At Hood Park Leisure Centre

Hood Park Leisure Centre

Day	Time	Activity	Age group	Price
Monday	4.30 - 5.30	Badminton	8 - 14 yrs	♻️ £2.20 per week
Tuesday	3.45 - 4.30	Football	4 - 5 yrs	♻️ £11 5 week course
	4.30 - 5.30	Football	5 - 7 yrs	♻️ £11 5 week course
	5.30 - 6.30	Football	7 - 11 yrs	♻️ £11 5 week course
Wednesday	3.45 - 4.45	Hula Hooping	8 - 15 yrs	♻️ £2.20 per week
Thursday	4.00 - 4.45	Cheerleading	School Age - 8 yrs	♻️ £11 5 week course
	4.45 - 5.30	Cheerleading	9 - 14 yrs	♻️ £11 5 week course
	5.00 - 6.00	Junior Have a go club (disabled session)	6 - 10 yrs	♻️ £2.20
	4.30 - 5.15	Boxercise	8 - 16 yrs	♻️ £2.50 per week
Friday	4.00 - 4.45	Street Dance	7 - 11 yrs	♻️ £2.50 per week
	4.30 - 5.30	Football	School Age - 6 yrs	♻️ £11 5 week course
	4.45 - 5.30	Street Dance	12 - 16 yrs	♻️ £2.50 per week
Sunday	10.00 - 11.00	Trampoline	7 - 11 yrs	♻️ £12 4 week course
	11.00 - 12.00	Trampoline	7 - 11 yrs	♻️ £12 4 week course

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