

## Three Counties Ride – 16 miles

*This route has been produced by North West Leicestershire District Council. Whilst every care has been taken to ensure the accuracy of the information supplied, the District Council cannot be held responsible for any errors, omissions or subsequent changes, nor should any entry in this guide be deemed to be an endorsement of the establishment.*

### *The Good Cycling Code*

- *Be courteous! Give way to pedestrians*
- *Remember that some people are hard of hearing or visually impaired. Don't assume they can see or hear you.*
- *Carry a bell and use it.*
- *Where there are wheelchair users and horse-riders please give way.*
- *Follow the country code. Respect other land management activities, such as farming or forestry and take litter home.*
- *Keep erosion to a minimum if off road.*
- *Be self sufficient – in remote areas carry food, repair kit and waterproofs*
- *Be safe, wear a helmet and cycle within your capabilities*

*Happy Cycling!*

**Route: Appleby Magna, Appleby Parva, No Man's Heath, Clifton Campville, Thorpe Constantine, Seckington, Newton Regis, Austrey.**

**Distance – 16 miles in total**

**Start/Finish: Appleby Magna**

- 1 Start at Appleby Magna recreation ground, Bowlesy Lane. At T-junction turn right along Church Street then turn right into New Road towards Appleby Parva. At Appleby Inn turn left onto footpath then cross A444 heading for Austrey.
- 2 At Radio Mast turn right along Bridle Path and over M42. At No-Man's Heath carry straight on through village to main road. Cross over main road towards Clifton Campville (2.5 miles).
- 3 At entrance to village (Green Man Pub ahead on right) turn left along Coppice Lane – over junction and continue up the hill. At the next crossroads turn left for Thorpe Constantine (2 miles). Thorpe Constantine is a hamlet with a Hall on the right. When you reach the main road carefully cross over and continue through Seckington towards Shuttington. Stop off: Seckington Church and Mott (burial ground). At next crossroads turn left from Newton Regis. Stop off: Newton Regis Garden Centre ahead on the right where light refreshments and ice creams can be purchased.
- 4 Continue through Newton Regis, past the village duck pond, Queen's Head pub on the left and then the Church on the right; stay on the road for Austrey – along Austrey Lane and over the M42.
- 5 After entering Austrey and passing the 30mph sign follow right hand bend, at T-junction turn right – sign post WARTON. At next T-junction again turn right along Warton Road and on sharp right hand bend turn left (road unsuitable for HGV). At T-junction turn left along Main Road – pass The Bird in Hand on the left. Stop off: St. Nicholas Church, Austrey has many

architectural features including 12<sup>th</sup> century church tower, stone sundials and the highest steeple in the area. At crossroads turn right for Appleby Magna. When you reach the radio mast return to Appleby by the same route by which you started the ride.

