

Health Walk Group



Meeting 1st Friday of each month at the Hermitage Leisure Centre Car Park at 10.30am

Enjoy Walking but find it boring?

Come along and join our regular walking group, The walks are FREE and are lead by our Walking for Health qualified leader Nita Pearson. Walks last between 45mins - 1 hour.

A great way to socialise whilst getting active

For more information contact Zara Barnes on 01530 454606 or email: zara.barnes@nwleicestershire.gov.uk