

Easymove Aerobics

Our easymove aerobics exercise classes provide participants the opportunity to get up and active, whilst building strength and developing their cardio vascular endurance.

From £2.60
per session



Classes held at:

Measham Leisure centre - Tuesday's 11.30am-12.30pm £2.60

Charles Booth Centre, Thringstone - Tuesday's 1.30pm-2.30pm £3

For more information contact Melanie Hall on

melanie.hall@nwleicestershire.gov.uk on 01530 454839

