



ACTIVITIES FOR CHILDREN 5 - 12 YRS WHO WANT TO HAVE FUN

2023 SUMMER HOLIDAY SPORTS CLUBS

GET INTO SPORT
 FOOTBALL CRICKET TENNIS TRI-GOLF
 BASKETBALL MINI OLYMPICS
 STREETDANCE GYMNASTICS
 PARACHUTE GAMES MINI ROUNDEES
 CRASH-MAT GAMES TAG RUGBY
 DODGEBALL FOREST SCHOOL
 CAPTURE THE FLAG
 ARTS & CRAFTS AND MORE!



**SIBLING
ALWAYS
HALF
PRICE**

**EXCELLENT
INDOOR
OUTDOOR
FACILITIES**

**HAF
FUNDING
FREE
PLACES**

**NEW
FOOTBALL
SPECIFIC CAMPS
AT HOLMES
PARK**

**SUMMER
VENUES**
 BROCKINGTON
 CASTLE DONINGTON
 HALLAM FIELDS
 HOLMES PARK
 IVESHEAD · MARRIOTT
 MEASHAM · MONTROSE
 OLD MILL PRIMARY
 RAVENHURST
 STAFFORD LEYS
 ST JOHN'S

8:15 am **EARLY DROP**

9 am - 3 pm **NORMAL DAY**



Catering in partnership with
THE SHIRES INN
 PEATLING PARVA

BOOK ONLINE AT ... www.footballandfitness.co.uk

What is HAF?

This is a £220m programme across the UK which stands for the Holidays, Activities and Food Programme eligible to children who receive benefits related to Free School Meals.

Children are entitled to up to 16 free days on our courses, including a healthy meal each day. The programme's outcomes are to eat healthier, to be more active, take part in enriching activities developing self confidence, well-being, to remain safe during the holidays and have greater knowledge of health and nutrition. "OUR COURSES ARE PERFECT FOR THIS AND HAVE RAN SUCCESSFUL PROGRAMMES ALREADY." Are you eligible? Please enquire.

CHECK THE QR CODE TO SEE IF YOU ARE ELIGIBLE FOR HAF FUNDING



What we offer

- A range of sports and activities
- Fun based learning
- A fun and safe environment
- Enrichment and team building

Benefits

- Keeping children active and engaged
- Improving social skills
- Developing sporting abilities

What to bring

- Suitable clothes
- Indoor & outdoor shoes
- Packed lunch
- Snacks & drinks
- Spare clothes for younger children
- Sun cream / sun hats
- Optional - sanitiser / pencils & book
- No electronic devices to be brought in

Please note places available per course are limited so book early to avoid disappointment.

£18 PER DAY
£70 FULL WEEK

EARLY BOOKING & MULTI WEEK BOOKING DISCOUNTS IF BOOKED AND PAID BEFORE 1ST JULY
1 FULL WEEK £65
2 FULL WEEKS £130
3 FULL WEEKS £180
4 FULL WEEKS £230
NO SPLIT WEEK PAYMENTS

EARLY DROP OFF at 8.15am £2.00 extra per child per day

EARLY BOOKING DISCOUNTS

SIBLINGS ALWAYS HALF PRICE

RAFFLE & PRIZES



WE'RE RECRUITING PLAYERS FOR OUR TEAMS BASED AT HOLMES PARK, WHETSTONE



CURRENT YEAR EYFS ALL LEVELS
CURRENT YEAR 1 LEVEL 1 / 2
CURRENT YEAR 6 LEVEL 1 / 2

WILD CATS GIRLS FOOTBALL
5 - 7 YRS AND 8 - 10 YRS
PLAY - ENJOY - BECOME PART OF A TEAM



We also offer Sports Birthday Parties for children

FOR MORE INFO CONTACT: info@footballandfitness.co.uk Tel: 07738 920 229

SUMMER HOLIDAYS BOOKING FORM

To book your place, please circle the dates below, fill in the form and send back to us. All places will be confirmed, a pre arrival document will be sent via email prior to course with drop off / collection details.

Brockington College
Enderby, LE19 4AQ

Early drop off available

9am - 3pm (100 spaces per day)

JULY

M	T	W	T	F
17	18	19	20	21
24	25	26	27	28

AUGUST

31	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25

Montrose Primary School,
Wigston Lane, Aylestone
LE2 8TN

9am - 3pm (30 spaces per day)

AUGUST

7	8	9	10	11
14	15	16	17	18

St. John The Baptist Church of England Primary School
East Ave, Leicester, LE2 1TE

Early drop off available

9am - 3pm (80 spaces per day)

JULY

M	T	W	T	F
17	18	19	20	21
24	25	26	27	28

AUGUST

31	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25

Football Specific Camps at Holmes Park



Join our new bespoke Football days at one of the best facilities in the County.

Each day consists of:

Skills development • Shooting •
Defending • Developing travelling
with the ball • Creating chances.
Tournaments and more...

Leics & Rutland FA HQ
Holmes Park

Dog and Gun Lane,
Whetstone, LE8 6FA

Early drop off 8.30am

9.15am - 3.15pm
(60 spaces per day)

Iveshead School, Shepshed,
Loughborough, LE12 9DB

Early drop off available

9am - 3pm (60 spaces per day)

JULY

M	T	W	T	F
17	18	19	20	21
24	25	26	27	28

AUGUST

31	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25

Castle Donington College
Mount Pleasant, DE74 2LN

Early drop off available

9am - 3pm (50 spaces per day)

JULY

M	T	W	T	F
17	18	19	20	21

AUGUST

21	22	23	24	25
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Hallam Fields Primary School
Long Meadow Way, Birstall
LE4 3LL

Early drop off available

9am - 3pm (60 spaces per day)

JULY

M	T	W	T	F
17	18	19	20	21
24	25	26	27	28

Marriott Primary School
Broughton Road, LE2 6NE

9am - 3pm (30 spaces per day)

JULY - AUGUST

31	1	2	3	4
7	8	9	10	11

Measham Leisure Centre,
High Street, DE12 7HR

Early drop off available

9am - 3pm (50 spaces per day)

AUGUST

M	T	W	T	F
14	15	16	17	18
21	22	23	24	25

Old Mill Primary School
Station Road, Broughton
Astley, LE9 6PT

Early drop off available

9am - 3pm (60 spaces per day)

JULY

M	T	W	T	F
17	18	19	20	21
24	25	26	27	28

Ravenhurst Primary School
Ravenhurst Road,
Braunstone Town, LE3 2PS

Early drop off available

9am - 3pm (50 spaces per day)

AUGUST

M	T	W	T	F
14	15	16	17	18
21	22	23	24	25

Stafford Leys Community
Primary, Leicester, LE3 3LJ

Early drop off available

9am - 3pm (60 spaces per day)

JULY - AUGUST

31	1	2	3	4
7	8	9	10	11
14	15	16	17	18

JULY - AUGUST

M	T	W	T	F
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21	22	23	24	25

**All places must be booked via our
NEW BOOKING SYSTEM available at
www.footballandfitness.co.uk**

Simple steps to book your place:

ALL SPACES MUST BE PRE-BOOKED

Go to www.footballandfitness.co.uk
and complete the online form

No need to contact us, if there's a
problem we'll get in touch

ALL PLACES WILL BE CONFIRMED

Also keep a note for your own records
what dates you've booked!

HAF ELIGIBILITY

The full 16 days funding is based on 4 hours per
day, therefore we offer 11 full days from 9 - 3pm,
which is equivalent to the maximum funding
available to children.

Families with a County postcode must obtain a
HAF code in order to book

Families with a City postcode will be issued with
a HAF code via post in order to book

DROP OFF / COLLECTION

There will be strict drop off and collection
points/times given which will be sent prior to
arrival. This may take a little longer, but is the
most effective and safe way to do things.

Steve Fenton 07738 920 229

info@footballandfitness.co.uk

Lee Harriman 07745 649 804

Professional Coaches enhanced DBS checked. First Aid trained.
Full public liability up to £10 million.

