

# Easter 2024



**From Sunday 24<sup>th</sup> March  
to Sunday 7<sup>th</sup> April 2024**



**Ibstock Leisure Complex  
Ibstock Community College  
Central Avenue  
Ibstock  
LE67 6NE**

**Telephone 01530 265836  
Email [leisure@ibstockcollege.co.uk](mailto:leisure@ibstockcollege.co.uk)  
Visit [www.nwleics.gov.uk/ibstockcc](http://www.nwleics.gov.uk/ibstockcc)  
Facebook Ibstock Leisure Complex**



# Swimming Pool Timetable

Easter - Week 2

	Monday 1/4/24	Tuesday 2/4/24	Wednesday 3/4/24	Thursday 4/4/24	Friday 5/4/24	Saturday 6/4/24	Sunday 7/4/24
7.00	<div>CLOSED</div> <div>EASTER MONDAY</div> <div>Bank Holiday</div>				Coalville Swim Club 7.15-9.15am		
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# Easter & May Half Term

## 1:1 Swimming Lessons

**During the Easter and May half-term school holidays, we are running our most popular 1:1 intensive booster swimming lessons**

These are tailored to meet the individual needs of the swimmer and are available to children aged 3 years and above of any swimming ability. At the time of booking, let us know what you need the lessons to focus on

The teacher will be in the water with the beginner Stages 1 & 2



### Prices...

Our 3 day courses are  
£45.00

### Days, Dates & Times...

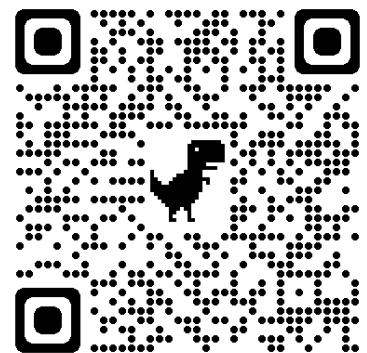
Easter Wk 1 – 26<sup>th</sup>, 27<sup>th</sup> 28<sup>th</sup> March

Easter Wk 2 – 2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup> April

May Half-Term – 28<sup>th</sup>, 29<sup>th</sup>, 30<sup>th</sup> May

### Lesson Times...

Lessons run for 30 mins each day  
starting at 9.00am, 9.30am,  
10.00am and 10.30am



**These courses are now live and available to book on  
SchoolHire activities searching for;**

**Activity - Holiday Crash Courses / Location - Ibstock Leisure Complex**

**Visit <https://schoolactivity.co.uk> or scan the QR code above**

# Fun Float Swim Sessions

## A fun float session that includes;

...Giant Floats... Rafts...  
River Riders... Body Boards  
...Woggles... Stepping Stones...

This play session is great for boosting water confidence in non or weak swimmers and younger children **OR** an aquatic energy burner for older children and young people who are competent swimmers

Children under 8 years old and non or weak swimmers must be accompanied in the water at all times by a responsible adult aged 16 years or above



Day	Date	Time
Sunday	24/3/24	11.00 - 12.00pm
Thursday	28/3/24	12.00 - 1.00pm
Thursday	4/4/24	12.00 - 1.00pm
Friday	5/4/24	6.30 - 7.30pm
Sunday	7/4/24	11.00 - 12.00pm

### Prices

Adult	Blue Light	Staff
£4.35	£3.25	£2.15
Junior	ClubActiv8	U5's
£3.25	£1.65	Free

These sessions are also included in a Swim  
OR Gym & Swim Membership

Adults are welcome to accompany their children in the water or watch from the spectator area.

Unaccompanied swimmers must be;

- 8 years old or above
- Able to swim 25m unaided
- Confident in deep water
- Comfortable submerging underwater

**These sessions are now live and available to book on  
SchoolHire activities searching for;**

**Activity** – Family Fun Swimming / **Location** - Ibstock Leisure Complex

**Visit** <https://schoolactivity.co.uk>

# Whirligig Pool Inflatable

The challenge is on...  
Our Whirligig swimming  
pool inflatable features...

- ☐ 15m dual-lane aqua run
- ☐ Whirligig obstacles
- ☐ Climbing wall
- ☐ Wobble plate
- ☐ Under / Over bar
- ☐ Wiggle wall
- ☐ Climb 'n' Slide finale

Book in  
advance,  
as places  
are limited



## Age Range...

8 – 14 years

Junior participants only  
No adults or casual swimming



## Day

Monday

Friday

## Date

25/3/24

5/4/24

## Time

7.15 - 8.15pm

10.15 - 11.15am

## Prices

**Junior**

£4.50

This session **MUST** be booked in advance as places are limited. This session may not run if minimum numbers have not been reached.

## Ability...

Participants must be;

- 8 – 14 years old
- Able to swim 25m competently
- Confident in deep water
- Comfortable submerging underwater

Participants may be required to perform a swim test at the beginning of the session

**These sessions are now live and available to book on**

**SchoolHire activities searching for;**

**Activity** – Pool Inflatable / **Location** - Istock Leisure Complex

Visit <https://schoolactivity.co.uk> or scan the QR code above



# General Swim Sessions & Lane Swimming

The **General Swim Sessions** are open to all ages and abilities.

**Lane swimming** is also open to swimmers aged 8 years and above, or, in our LTS Stage \_\_\_ who can swim the length of the pool without stopping, and when accompanied by an adult.

Children under 8 years old and non or weak swimmers must be accompanied in the water at all times by a responsible adult aged 16 years or above



## General Swim Sessions (Some with 2 lanes)

Day	Date	Time
Sunday	24/3/24 & 7/4/24	12.00 - 1.30pm
Monday	25/3/24	9.15 - 10.15am
Monday	25/3/24	8.30 - 9.30pm
Tuesday	26/3/24 & 2/4/24	11.30 - 12.30pm
Tuesday	26/3/24 & 2/4/24	7.00 - 8.00pm
Wednesday	27/3/24 & 3/4/24	12.00 - 1.00pm
Thursday	28/3/24 & 4/4/24	11.00 - 12.00pm
Thursday	28/3/24 & 4/4/24	8.00 - 9.00pm
Friday	5/4/24	11.45 - 12.45pm

## Lane Swim

Thursday	28/3/24 & 4/4/24	6.15 - 7.15pm
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## Prices

Adult	Blue Light	Staff
£4.35	£3.25	£2.15
Junior	ClubActiv8	U5's
£3.25	£1.65	Free

These sessions are also included in a Swim OR Gym & Swim Membership

These sessions are now live and available to book on

SchoolHire activities searching for;

Activity – Casual Swim or Lane Swimming / Location - Ibstock Leisure Complex

Visit <https://schoolactivity.co.uk>

# The Gym @ Ibstock

powered by MATRIX



## Open Hours...

Monday to Thursday  
9.00am-1.00pm  
& 3.30-9.00pm  
Friday 9.00am-1.00pm  
& 3.30-7.45pm  
Saturday 7.30am-2pm  
Sunday 8.30-5.30pm



**Inductions are FREE if you want or need one, however, if you are a regular user of a gym you might not need an Induction...**

## The Gym @ Ibstock;

- ✓ is purpose built
- ✓ houses MATRIX equipment
- ✓ has cardiovascular machines have touch screens and phone charging
- ✓ features dual exercise machines and a multi-functional trainer with a range of bars and handles
- ✓ has Concept II Rowers
- ✓ has lockers for small personal items
- ✓ is friendly, with a relaxed atmosphere and is equipped for a full body workout



## Prices...

### Session / Membership

Adult £4.35 / £23.95

Blue Light £3.25 / £17.95

Staff £2.15 / £12.00

(who are in Leics Education / LiFE MAT)

Junior £3.25 / £17.96

ClubActiv8 £1.65 / £9.00

**Combine your gym with a swim membership for extra value...**

**We have a NEW Junior Gym Session starting after Easter...  
Register your interest at reception**



# Aqua Exercise Classes

## Deep Water Aqua Jog & Aqua Fitness Class



### Deep Water Aqua Jog offers you the benefits of running / jogging but with low impact.

It's friendly on your joints (ankles, knees, hips) which makes it perfect for those needing to protect their joints or for runners or other sports athletes recovering from an injury.

These sessions are instructor led, are in deep water and wearing a flotation belt (provided) or you can bring your own.

### Prices...

Adult £5.05 / Blue Light £3.80 / Staff £2.55  
Exercise Referral £3.80  
Junior £3.80 / ClubActiv8 £1.90

### Deep Water Aqua Jog

Day	Date	Time
Monday	25/3/24	11.00 - 11.45am
Thursday	28/3/24	7.25 - 8.00pm
Thursday	4/4/24	7.25 - 8.00pm

### Aqua Fitness Class

Day	Date	Time
Tuesday	26/3/24	6.15 - 7.00pm
Wednesday	27/3/24	11.15 - 12.00pm
Tuesday	2/4/24	6.15 - 7.00pm
Wednesday	3/4/24	11.15 - 12.00pm
Friday	5/4/24	9.00 - 9.45am

### The Aqua Fitness Classes are also instructor led and offer the following benefits;

- Water is dense so you work harder and burn more calories
- The pressure of the water helps your heart pump blood round your body
- Is joint friendly
- Is adaptable so you can work at your own pace

These sessions are now live and available to book on  
SchoolHire activities searching for;

Activity – Aqua Fitness and SwimFit Classes / Location - Ibstock Leisure Complex  
Visit <https://schoolactivity.co.uk>

# Sports Courts @ Ibstock

Sports Hall / Floodlit Court



You can use your **ClubActiv8** card for some activities in these facilities... 50% cash / 50% points

Our **Sports Hall** is suitable for;

- Badminton / Short Tennis
- Basketball
- Netball / Walking Netball
- Indoor Football / Walking Football
- Cricket Training with nets
- Fitness & Exercise Classes
- Parties, Children's Sport & Play
- Holiday Programme activities

**Floodlit Court** is available for;

- Football / Walking Football
- Netball / Walking Netball
- Hockey / Walking Hockey
- Small-sided games / Training Sessions
- Leagues and Tournaments
- Casual Use and Block Bookings



These facilities are now available to book on SchoolHire  
Visit <https://schoolactivity.co.uk> or scan the QR code above

# Memberships 2024

Do more in 2024...

The **Gym Membership** is for The Gym@Ibstock powered by MATRIX and gives unlimited use during our opening hours, 7 days a week...

The **Swim Membership** is for;

- ✓ General Swim
- ✓ Lane Swim
- ✓ Fun Float Sessions
- ✓ Unlimited use during the purchased calendar month

See out latest swimming pool timetable for session details

The Memberships are for the purchaser only and are not transferable



**Do more in 2024!!!**

**Take advantage of our Memberships for the Gym OR Swim or Gym & Swim combined...**

**Prices shown are single / combined**

Adult £23.95 / £30.90

Blue Light £17.95 / £23.20

Staff £12.00 / £15.45

(Leics Education or LIFE MAT)

Junior £17.95 / £23.20

ClubActiv 8 £9.00 / £11.60

**Do more for less...**

**Memberships are valid for the calendar month, from the first day to the last day...**

There's no reduction if you buy part way through the month, but it might still be worth it to you...

**Ibstock Leisure Complex, Ibstock Community College, Central Avenue, Ibstock, LE67 6NE**

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**Find us on Facebook Ibstock Leisure Complex**



# EMPWR EASTER CAMP

## IBSTOCK COMMUNITY COLLEGE

**FREE PLACES  
AVAILABLE!**

**HALF PLACES AVAILABLE ONLY  
WITH BENEFITS RELATED FREE  
SCHOOL MEALS**

DATES:

**25-28  
MARCH**

**AGES 5-12  
WELCOME!**

**£20/day  
early bird  
booking!**

**Paid Places**

**£25  
/day**

**£80  
/week**

### Activities

- ✓ Football
- ✓ Multisports
- ✓ Dance
- ✓ Team Building
- ✓ NERF!

**Ibstock Community College**

Central Ave, Ibstock

LE67 6NE

**BOOK NOW!**



**SCAN OR VISIT:  
EMPWRSPORTS.CO.UK!**







# ClubsComplete

Opening a world of opportunities to  
children and young people



**ACTIVE  
TOGETHER**

9-3:30

Ages  
3-12

£25\*  
per day

## EASTER *Holiday Clubs*

**25TH MARCH - 12TH APRIL 2024**

**\*TAX FREE CHILDCARE AND CHILDCARE VOUCHERS ACCEPTED AT OFSTED REGISTERED VENUES!**

**CONKERS**

ENTER A WORLD OF ADVENTURE & DISCOVERY  
AT THE HEART OF THE NATIONAL FOREST

**rebond**

INFLATABLE PARK

**CATTOWS  
FARM**  
*Leicestershire*



**HAF**



**HAF**



**Ibstock Community College**  
Respect and Pride brings Success

**MOIRA VILLAGE HALL**  
A HALL FOR ALL



**WHATSAPP 07821288712**

**CALL: 01530 412750**

**BOOK: [WWW.CLUBSCOMPLETE.CO.UK](http://WWW.CLUBSCOMPLETE.CO.UK)**

*\*some venues have surcharges for certain activities*