

Parent and Infant Swim Session

Get your infant swimming...

A fun 'play' session
encouraging water
confidence for parents
with infants aged 0-3 years

Water equipment
and toys are
provided



Bookings can be
made at reception,
by telephone or
via email

Day / Time...

Friday
11.10am
'til
11.50am

Some benefits of infant swim time...

- improves cognitive functioning
- reduces the risk of drowning
- improves confidence
- increases quality time between caregivers and babies
- builds muscle
- improves co-ordination and balance
- improves sleep patterns
- improves appetite

Prices...

Adult - £4.00 Full Price
Adult - £3.00 Leisure Link
Children – U5's FREE

Ibstock Leisure Complex at Ibstock Community College
Central Avenue
Ibstock
Leics
LE67 6NE

Telephone – 01530 265836
Email – leisure@ibstockcollege.leics.sch.uk
Visit – www.nwleics.gov.uk/ibstockcc