

Swimming Pool Programme



This programme
is valid from
Monday 8th January 2024



Ibstock Leisure Complex
Ibstock Community College
Central Avenue
Ibstock
LE67 6NE

Telephone 01530 265836
Email leisure@ibstockcollege.co.uk
Visit www.nwleics.gov.uk/ibstockcc
Facebook Ibstock Leisure Complex

Swimming Pool Programme

From Monday 8th January 2024

Prices...

Membership Swim OR Gym – Adult £23.95
Membership Swim OR Gym – U/Services £17.95
Membership Swim OR Gym – LiFE / Sch Staff £12.00
Membership Swim OR Gym – Junior £17.95
Membership Swim OR Gym – ClubActiv8 £9.00
Membership Swim & Gym – Adult £30.90
Membership Swim & Gym – U/Services £23.20
Membership Swim & Gym – Leics Ed Staff £15.45
Membership Swim & Gym – Junior £23.20
Membership Swim & Gym – ClubActiv8 £11.60
Adult Swim - £4.35
Junior Swim - £3.25 or £1.65 with Activ8 points
Under 5's Swim - Free
Learn to Swim Scheme – Course Price applies
Parent & Infant Session – Adult £4.40 / U5's Free
Deep Water Aqua Jog Fitness Class £5.05
Deep Water Aqua Jog Exercise Referral £3.80
Aqua Fitness Class £5.05 / £3.80 Jnr or £1.90 Activ8



Reception is open...

Monday to Thursday

9.00am – 1.00pm & 3.30pm – 9.00pm

Friday

9.00am – 1.00pm & 3.30pm – 7.45pm

Saturday

7.15am – 2.00pm

Sunday

8.30am – 6.00pm

Please leave a message on the answer machine during our closure periods or if your call is not answered and reception will call you back.

Where sessions run

back-to-back,

**The changeover will happen
at the beginning of a session**

How to contact us or find information

Telephone - 01530 265836

Email - leisure@ibstockcollege.co.uk

Follow us on Facebook - Ibstock Leisure Complex

Visit - www.nwleics.gov.uk/pages/ibstock

Swimming Pool Programme

From Monday 8th January 2024

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7.00							
7.15						Coalville Swim Club 7.15-9.15am	
7.30							
7.45							
8.00							
8.15							
8.30							
8.45							
9.00							
9.15	General Swim 9.15-10.15am	PS Curriculum Swimming		PS Curriculum Swimming	Aqua Fitness Class 9.00-9.45am	Learn to Swim Scheme 8.30-11.00am	
9.30							
9.45							
10.00							
10.15					Learn to Swim Scheme 9.15am-2.00pm		
10.30							
10.45		General Swim 10.15-11.15am					
11.00	Deep Water Aqua Jog Class 11.00-11.45am	Parent & Infant 10.45-11.25am	Parent & Infant 10.45-11.25am	PS Curriculum Swimming			
11.15							
11.30							
11.45		General Swim 11.30-12.30pm	Aqua Fitness Class 11.15am-12.00pm	General Swim 11.30-12.30pm			
12.00						General Swim 11.45-12.45pm	
12.15							
12.30							
12.45	PS Curriculum Swimming						
1.00							
1.15		PS Curriculum Swimming		PS Curriculum Swimming	PS Curriculum Swimming		
1.30							
1.45							
2.00	PS Curriculum Swimming						
2.15							
2.30							
2.45							
3.00							
3.15							
3.30							
3.45		Learn to Swim Scheme 3.45-6.15pm	Learn to Swim Scheme 3.45-6.15pm	Learn to Swim Scheme 3.45-6.15pm	Learn to Swim Scheme 3.45-6.15pm		
4.00							
4.15							
4.30							
4.45							
5.00							
5.15							
5.30							
5.45							
6.00							
6.15	LTS Rookies 6.15-6.45pm	Aqua Fitness Class 6.15-7.00pm					
6.30							
6.45			Lane Swim 6.15-7.15pm	Fun Float Session 6.30-7.30pm			
7.00	National Lifesaving Academy 7.00-8.30pm	General Swim with 2 lanes 7.00-8.00pm	Coalville Swim Club 6.30-9.30pm	Deep Water Aqua Jog 7.25-8.00pm			
7.15							
7.30							
7.45							
8.00	Coalville Triathlon Club 8.00-9.00pm		General Swim 8.00-9.00pm				
8.15							
8.30	General Swim 8.30-9.30pm						
8.45							
9.00							
9.15							
9.30							

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Lane Swimming

Tuesday 7.00-8.00pm **2 Lanes in General Swim**
Thursday 6.15-7.15pm
Sunday 12.00-1.30pm **2 lanes in General Swim**

Now open to 8 years and above when accompanied by an adult swimmer and be able to swim lengths without stopping **Pre-book & pre-pay only**

Learn to Swim with us...
Lessons run every day of the week!!!

Visit <https://schoolactivity.co.uk>
search for Swimming Lessons and
Ibstock Leisure Complex

Fun Float Session

Friday 6.30-7.30pm
Sunday 11am-12pm

Now an 'open' session where adults are welcome in the water with their children, but don't have to, unless the child is under 8 years or a non or weak swimmer.

This session is included in a Swim Membership and qualifies for ClubActiv8 pricing...

General Swim Sessions

Monday 9.15-10.15am & 8.30-9.30pm
Tuesday 11.30-12.30pm & 7.00-8.00pm **with 2 lanes**
Wednesday 10.15-11.15am
Thursday 11.30am-12.30pm & 8.00-9.00pm
Friday 11.45-12.45pm
Sunday 12.00-1.30pm **with 2 lanes**

Do more
in 2024...

Membership Swim OR Gym – Adult £23.95
Membership Swim OR Gym – U/Services £17.95
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With a Gym, Swim or
Gym & Swim
Membership...

Deep Water Aqua Jog

Monday 11.00-11.45am
Thursday 7.25-8.00pm
These sessions are suitable for
Exercise Referral customers

Aqua Fitness Classes

Tue 6.15-7.00pm
Wed 11.15-12.00pm
Fri 9-9.45am

50% of your ClubActiv8
points can be used in
swimming sessions;
General Swim
Lane Swim,
Fun Float Session and
Aqua Fitness Sessions

Parent & Infant

Tuesday 10.45-11.25am
Thursday 10.45-11.25am
Instructor led water confidence play sessions
Pre-book and pay in advance advised as
places are limited

Now open to
young people in
LTS Stage 5 or
above, exercising
at the shallow end
and accompanied
by an adult

Coalville
Triathlon Club
www.coalvilletriathlon.co.uk
Coalville Swim Club
www.coalvillesc.org.uk