







# North West Leicestershire Let's Get Moving Awards

## Criteria for Childrens' Awards 2023

These nominations are for achievements and successes within the qualifying period between October 2022 to September 2023. Nominees must be located in or train within North West Leicestershire.

## **Let's Get Moving School Award**

We are looking for a school that has increased participation in sport or physical activity in their school. We want to hear about the positive impact being active has had on the students, their education, health and wellbeing. The school could also have strong links with community sport and local clubs.

## **Primary School Team of the Year**

We are looking for a primary school team who has not only achieved competitive success, but has done so with strong team spirit and the best sporting values.

## **Secondary School Team of the Year**

We are looking for a secondary school team who has not only achieved competitive success, but has done so with strong team spirit and the best sporting values.

#### Junior Team of the Year

This award is for a team who operates outside of a school environment that has shown great success, determination, and commitment as a team during the past year. This may be a team who has vastly improved their performance.

## **Junior Sportsperson of the Year**

This award is for a young sportsperson who has excelled in their chosen sport (or sports) this year. We are looking for someone who can show success and improvement over the year. (Examples of local, county, regional, national, and international competitions entered with placings required.)

## **Let's Get Moving Young Hero**

This award is to celebrate the achievements of a young person in the district. We are looking for stories of perseverance, success, and determination. It could be someone who has overcome personal barriers to being active or someone who has given up their time to help others get active or someone who has shown great improvement over the past year.

#### **Activ8 School of the Year**

This award is for the school with the highest usage of the Activ8 scheme. We are looking for the school with the highest percentage of students who have taken part in Activ8 this year.

















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## Criteria for Adults' Awards 2023

These nominations are for achievements and successes within the qualifying period between October 2022 to September 2023. Nominees must be located in or train within North West Leicestershire.

### Group or Club of the Year

We are looking for a group or club who is full of dedicated individuals who work tirelessly to keep themselves and others active. We want to hear about the organisations who empower the community to get moving. This may be a sports club, a walking group, a fitness class or any other group that gets together to be active. (Professional and Community sports clubs and groups are both eligible in this category)

#### Let's Get Moving Hero

This award is to celebrate the leaders of physical activity in our local area. The winner of this award will be someone who takes charge and supports others to get active. They may be a team coach, a fitness instructor, personal trainer, a walk or run leader, or even the kit lady. We want to hear about the individuals who work to keep you moving.

#### Team of the Year

This award is for a team who has shown great success, determination and commitment as a team during the past year. This could be an established or new team in any sport or activity.

#### Disabled Person of the Year

This award is for a person with a learning and/or physical disability who has shown resilience and determination to participate or excel in sport or physical activity. We want to hear stories about those people getting moving with a disability, their achievements, and any challenges they may have faced, and how they overcame them.

## Let's Get Moving for Health

This award is for a person who has improved their health and wellbeing through getting moving. This may be someone who uses exercise to manage a health condition, or someone who became active for another reason but improved their health along the way.

### Sportsperson of the Year

This award is for a sportsperson who has excelled and/or exceeded all expectations in their performances. We are looking for people who have achieved success, and/or vastly improved their own performance over the past year. (Examples of local, county, regional, national, and international competitions entered with placings required.)

#### **Active Mums Award of the Year**

This award is for a person or organisation who has championed pre and postnatal activity and helps to educate and empower other mums to get moving. This may be a pre or postnatal activity provider, or a mum who has embraced being active! It doesn't matter if their child is 10 months or 10 years, we are looking for all the people who are inspiring mums to get active.

## **Outstanding Contribution**

This special award recognises an individual who has made an outstanding contribution to sport or physical activity in the district over many years. This may be a volunteer, or a local business owner that enables others to keep active. We want to hear about the role models and pillars of the physical activity community in North West Leicestershire.







